

# GROCERY SHOPPING LIST

## Fresh Produce

- Apples \_\_\_\_\_
- Bananas \_\_\_\_\_
- Cabbage \_\_\_\_\_
- Carrots \_\_\_\_\_
- Celery \_\_\_\_\_
- Cucumbers \_\_\_\_\_
- Grapefruit \_\_\_\_\_
- Grapes \_\_\_\_\_
- Lettuce \_\_\_\_\_
- Mushrooms \_\_\_\_\_
- Oranges \_\_\_\_\_
- Squash \_\_\_\_\_
- Tomatoes \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Cookies / Crackers / Snacks

- Graham Crackers \_\_\_\_\_
- Ritz Crackers \_\_\_\_\_
- Saltine Crackers \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Eggs / Dairy / Canned Dough

- Butter (spread) \_\_\_\_\_
- Butter (sticks) \_\_\_\_\_
- Cheese (shredded) \_\_\_\_\_
- Cheese (slices) \_\_\_\_\_
- Cottage Cheese \_\_\_\_\_
- Cream Cheese \_\_\_\_\_
- Eggs \_\_\_\_\_
- Milk \_\_\_\_\_
- Sour Cream \_\_\_\_\_
- Yogurt \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Juices / Water / Drink Mixes

- Apple Juice \_\_\_\_\_
- Bottle Water \_\_\_\_\_
- Drink Mix \_\_\_\_\_
- Kool-Aid \_\_\_\_\_
- Lemon Juice \_\_\_\_\_
- Orange Juice \_\_\_\_\_
- Prune Juice \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Frozen Foods (Pastries/Breads)

- Waffles \_\_\_\_\_
- Yeast Rolls \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Frozen Foods (Veggies/Fruits)

- Black-Eye Peas \_\_\_\_\_
- Broccoli \_\_\_\_\_
- Corn on the Cob \_\_\_\_\_
- French Fries \_\_\_\_\_
- Lima Beans \_\_\_\_\_
- Mixed Vegetables \_\_\_\_\_
- Okra \_\_\_\_\_
- Spinach \_\_\_\_\_
- Sweet Peas \_\_\_\_\_
- Tator Tots \_\_\_\_\_
- Turnip Greens \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Frozen Meats

- Chicken Fingers \_\_\_\_\_
- Turkey \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Canned/Dried Fruits

- Applesauce \_\_\_\_\_
- Cranberries \_\_\_\_\_
- Peaches \_\_\_\_\_
- Pineapple \_\_\_\_\_
- Raisins \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Condiments

- Bacon Pieces \_\_\_\_\_
- Dip/Dressing Mix \_\_\_\_\_
- Honey \_\_\_\_\_
- Jelly \_\_\_\_\_
- Ketchup \_\_\_\_\_
- Mayonnaise \_\_\_\_\_
- Mustard \_\_\_\_\_
- Pancake/Waffle Syrup \_\_\_\_\_
- Peanut Butter \_\_\_\_\_
- Pickle Relish \_\_\_\_\_
- Pickles \_\_\_\_\_
- Salad Dressing \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Dry Goods

- Instant Potatoes \_\_\_\_\_
- Rice \_\_\_\_\_
- Tortillas \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Canned Vegetables

- Baked Beans \_\_\_\_\_
- Corn, Cream \_\_\_\_\_
- Corn, Whole Kernel \_\_\_\_\_
- Diced Tomatoes \_\_\_\_\_
- Green Beans \_\_\_\_\_
- Hominy \_\_\_\_\_
- Kidney Beans \_\_\_\_\_
- Kraut \_\_\_\_\_
- Red Beans \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Cereal & Breakfast

- Cereal \_\_\_\_\_
- Granola Bars \_\_\_\_\_
- Grits \_\_\_\_\_
- Oatmeal (packs) \_\_\_\_\_
- Oats \_\_\_\_\_
- PopTarts \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Drinks / Chips

- Cheese Puffs/Curls \_\_\_\_\_
- Chips (BBQ, SC&O, Plain) \_\_\_\_\_
- Corn Chips \_\_\_\_\_
- Doritos \_\_\_\_\_
- Ginger Ale (can) \_\_\_\_\_
- Tortilla Chips \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Meats

- Bacon \_\_\_\_\_
- Chicken (whole) \_\_\_\_\_
- Ground Beef \_\_\_\_\_
- Ground Turkey \_\_\_\_\_
- Ham (sliced) \_\_\_\_\_
- Sandwich Meat \_\_\_\_\_
- Sausage \_\_\_\_\_
- Weiners \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Pastas & Sauces

- Egg Noodles \_\_\_\_\_
- Hamburger Helper \_\_\_\_\_
- Lasagna Noodles \_\_\_\_\_
- Macaroni & Cheese \_\_\_\_\_
- Penne Pasta \_\_\_\_\_
- Spaghetti Noodles \_\_\_\_\_
- Spaghetti Sauce \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Mix Packages

- Beef Stew \_\_\_\_\_
- Brown Gravy \_\_\_\_\_
- Chili \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Canned Soups/Meats

- Cream of Chicken \_\_\_\_\_
- Salmon \_\_\_\_\_
- Tuna \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Tea / Coffee

- Creamer \_\_\_\_\_
- Tea \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Baking Goods

- All-Purpose Flour \_\_\_\_\_
- Baking Powder \_\_\_\_\_
- Baking Soda \_\_\_\_\_
- Biscuit Mix \_\_\_\_\_
- Bread Flour \_\_\_\_\_
- Brown Sugar \_\_\_\_\_
- Cocoa \_\_\_\_\_
- Cooking Oil \_\_\_\_\_
- Cooking Spray \_\_\_\_\_
- Cornmeal \_\_\_\_\_
- Country Gravy Mix \_\_\_\_\_
- Muffin Mix \_\_\_\_\_
- Powdered Milk \_\_\_\_\_
- Self-Rising Flour \_\_\_\_\_
- Shortening \_\_\_\_\_
- Sugar \_\_\_\_\_
- Yeast \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Spices/Seasonings

- Basil \_\_\_\_\_
- Black Pepper \_\_\_\_\_
- Cinnamon \_\_\_\_\_
- Dill \_\_\_\_\_
- Garlic Powder \_\_\_\_\_
- Italian Seasoning \_\_\_\_\_
- Mrs. Dash \_\_\_\_\_
- Onion Flakes \_\_\_\_\_
- Oregano \_\_\_\_\_
- Parsley \_\_\_\_\_
- Salt \_\_\_\_\_
- Thyme \_\_\_\_\_
- Vanilla Extract \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Frozen Fish / Meals

- Fish Sticks \_\_\_\_\_
- Pizza \_\_\_\_\_
- Tilapia \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Breads

- Hamburger Buns \_\_\_\_\_
- Hotdog Buns \_\_\_\_\_
- Loaf Bread \_\_\_\_\_
- Rolls \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Frozen Desserts

- Ice-Cream \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Other

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



BUDGET =